

Mallet Numbering:
1 - 2 - 3 - 4
(low to high)

Four-Mallet Drills

Double Lateral

Practice these patterns on a flat surface or keyboard instrument with any chosen pitches.
Play each pattern at least ten times before moving on to the next line.

1 $\frac{4}{4}$ | Stems Up: Right Hand
| Stems Down: Left Hand

2 $\frac{4}{4}$ |

3 $\frac{4}{4}$ |

4 $\frac{4}{4}$ |

5 $\frac{4}{4}$ |

6 $\frac{4}{4}$ |

7 $\frac{4}{4}$ |

8 $\frac{4}{4}$ |

4
3
2
1

9 $\frac{6}{8}$ |

10 $\frac{6}{8}$ |

11 $\frac{6}{8}$ |

12 $\frac{6}{8}$ |

13 $\frac{6}{8}$ |

14 $\frac{6}{8}$ |

15 $\frac{6}{8}$ |

16 $\frac{6}{8}$ |